

Larchmont Yacht Club

ONE HUNDRED TWENTIETH RACE WEEK Saturday, July 21 and Sunday, July 22, 2018

SAILING INSTRUCTIONS

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Larchmont Yacht Club

ONE HUNDRED TWENTIETH RACE WEEK

Saturday, July 14, Sunday, July 15, Saturday, July 21, Sunday, July 22, 2018

CRUISING & CLASSIC BOATS

For IRC, PHRF, Offshore One Design Racer/Cruisers and Non-Spinnaker Boats

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2 The North American Wooden Boat Regatta Series 2018 Rules will apply for the Classic Boats.
- 1.3 PHRF boats shall observe the current Minimum Equipment Recommendations of YRA of LIS, Race Category C. However, section 2, Structural Features, does not apply to boats not designed and equipped with pulpits, stanchions, lifelines or self-bailing cockpits.
- 1.4 Each boat shall carry a radio capable of transmitting and receiving on VHF channel 73.
- 1.5 Rule V1, Penalty at the Time of an Incident, will apply.
- Appendix T, Arbitration will apply as changed below:
 At the end of T4, Arbitration Meeting Outcomes, add: (c) If a protest is not withdrawn after arbitration, the arbitrator will not be a member of the jury that hears that protest but will be permitted to observe the testimony presented and
 - offer evidence. This changes rule 63.3(a).
- 1.7 For PHRFNS boats competing with a minimum of 55% (round up) of their crew under the age of 16 years as of July 14, 2018, electric winches may be used. This changes rule 52.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the veranda of the main clubhouse.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted no later than 1030 on the day they take effect except that any changes to the racing schedule will be posted by 2000 on the day before they take effect. Copies may be available at the hospitality desk on the veranda.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flagpole.
- 4.2 Flags AP over E with 2 sounds (1 when lowered) means: "The race is postponed for Cruising & Classic Boats. The first warning will be made not less than 60 minutes after Flags AP over E are lowered."

5 SCHEDULE

5.1	Sat July 14	Distance Race	Classic and PHRFNS boats
		Windward/Leeward	IRC, PHRF, Offshore One Design Racer/Cruisers
	Sun July 15	Pursuit Race	IRC, PHRF & PHRFNS
			Windward-leeward for boats sailing one-design if the class so elects
	Sat July 21	Windward/Leeward	IRC, PHRF, Offshore One Design Racer/Cruisers & PHRFNS
			Windward-leeward for boats sailing one-design if the class so elects
	Sun July 22	Execution Rocks Race	IRC, PHRF, Offshore One Design Racer/Cruisers & PHRFNS
- 0	7T1 C	1 11 16 4055	11 1

- 5.2 The first warning is scheduled for 1255 on all days.
- 5.3 Flag A displayed, with no sound, while boats are finishing means "No more racing today".

6 CLASS FLAGS AND CHECK-IN

- 6.1 Scratch Sheets listing each boat by its class will be available by 1800 on Friday, July 13, online at www.larchmontyc.org or at www.wachtscoring.com, and at the hospitality desk during the event. Additional copies may be available from a race committee support vessel.
- 6.2 Each boat shall display the numeral pennant for its division approximately 6-8 feet up on the backstay or, if the boat has no backstay, the starboard shrouds.

6.3 Before the first warning each day, each boat shall check in by sailing past the signal vessel, hailing her sail number and receiving acknowledgement from the race committee.

7 THE COURSES

- 7.1 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing to the first mark, distance, and for Windward/Leeward Courses the number of legs to be sailed.
- 7.2 Windward/Leeward Courses designated as follows:
 - 2 windward, finish to leeward
 - 3 windward, leeward, finish to windward
 - 4 windward, leeward, windward, finish to leeward
 - 5 windward, leeward, windward, leeward, finish to windward

The leeward mark will be approximately 100 yards to windward of the starting line.

All marks shall be rounded to port.

7.3 **Pursuit Race** will be government marks E, Y, T then finish, leaving all rounding marks to port. See appendix A for mark descriptions and location. See appendix B for an area chart showing the marks. Total course length is approx. 10 miles.

The race committee may elect to reverse the course and have all marks left to starboard by flying code flag "R" on or before the first warning and announcing the course reversal over the VHF.

The start time scheduled for each boat in the Pursuit Race on Sunday, July 15, will be posted online at www.larchmontyc.org by 1800 on Friday, July 13. This schedule will also be available at the Hospitality Desk.

- 7.4 **Distance Race** Courses designated as follows:
 - 71 Consisting of 3 legs- marks E, M, Finish approx. 12.5 nm
 - 72 Consisting of 3 legs marks G, E, Finish approx. 11 nm
 - 73 Consisting of 2 legs mark O, Finish approx. 12 nm
 - 74 Consisting of 2 legs mark S, Finish approx. 15.5 nm
 - 75 Consisting of 4 legs marks M, X, E, Finish approx. 14 nm

All marks shall be left to port in courses 71 through 74 and to starboard in course 75

See Appendix A & B for a description of marks, location and chart

7.5 Execution Rocks Race

Course 1- from the start off Larchmont Harbor to green gong "23" off Prospect Point, to nun RG off the southwest end of Execution Rocks Shoal, then to the finish. All rounding marks shall be left to starboard. The race committee may reverse the course and have all rounding marks left to port by flying code flag "R" on or before the first warning and announcing the reversal over the VHF. Hen and Chickens South red "2" shall be observed. See Appendix B for area chart.

Course 2 - a longer course from the start off Larchmont Harbor to green gong "23" off Prospect Point, to Gong G1 of Hart Island, then to the finish. All rounding marks shall be left to starboard. The race committee may reverse the course and have all rounding marks left to port by flying code flag "R" on or before the first warning and announcing the reversal over the VHF. Hen and Chickens South red "2" shall be observed.

8 MARKS

- 8.1 Marks for the Windward/Leeward Courses will be yellow inflatables. New marks as provided for in section 10 will be orange inflatables.
- 8.2 Marks for the Distance and Execution Rocks races are government buoys as described in Appendix A

9 THE START

- 9.1 The starting line will be between a yellow flag on the signal vessel and a staff on a buoy displaying a yellow flag.
- 9.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 9.4 The race committee will endeavor to identify recalled boats by broadcasting their sail numbers over the VHF. Failure of a boat to hear her recall notification or the order of boats recalled shall not be grounds for redress.

10 CHANGE THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as practicable. When a subsequent new mark is replaced, it will be replaced by an original mark.

11 THE FINISH

- 11.1 The finish for the W/L and Pursuit Race will be between an orange flag on the signal vessel and a staff on a buoy displaying an orange flag.
- 11.2 The finish line for the Execution Rocks Race will be between an orange flag on the signal vessel and G "1" Fl G 4s BELL off Larchmont harbor.

12 TIME LIMITS

- Windward/Leeward course time limit for the first boat in a division to sail the course and finish a race if the course is 6 miles or less will be 2 ½ hours.
 - The time limit for the first boat in a division to sail the course and finish a race if the course is more than 6 miles will be $3\frac{1}{2}$ hours.
 - Boats that fail to finish within 30 minutes after the first boat in that division sails the course and finishes will be scored "Time Limit Expired" (TLE). This changes rule 35.
- 12.2 **Pursuit Race** The time limit for the first boat to sail the course and finish will be 1730. Boats that fail to finish within 1 hour after the first boat sails the course and finishes will be scored "Time Limit Expired" (TLE). This changes rule 35.
- 12.3 **Distance Race** -The time limit for the first boat in a division to sail the course and finish will be 4 hours. Boats that fail to finish within 1 hour after the first boat in her division sails the course and finishes will be scored "Time Limit Expired" (TLE). This changes rule 35.
- 12.4 **Execution Rocks Race** The time limit for the first boat to sail the course and finish will be 1600. Boats that fail to finish within 1 hour after first boat in their division sails the course and finishes will be scored "Time Limit Expired" (TLE). This changes rule 35.

13 WITHDRAWAL

A boat that retires from a race or that does not intend to start a scheduled race shall promptly report this to the race committee boat via hailing or on the designated VHF channel.

14 PROTESTS

- 14.1 A boat intending to protest for an incident while racing is requested to notify the race committee promptly upon finishing the race by VHF or by hailing the committee boat after finishing.
- 14.2 Protest forms are available at the front desk.
- 14.3 The protest time limit for July 14, 15 and 21 is 60 minutes after the RC finish vessel personnel comes ashore. The protest time limit for Sunday, July 22 is 1 hour after the last boat sails the course and finishes (before the TLE time). Written protests and requests for redress shall be delivered to protest desk on the 2nd floor of the main clubhouse.
- 14.4 The protest time limit and a list of protests and requests for redress submitted to the protest desk will be posted promptly.
- 14.5 Parties to a hearing and their witnesses should remain in the protest area. If they are not available when called, they may not be heard.
- 14.6 Hearings and arbitration will begin as soon as practicable after protest forms are filed at the protest desk.

15 SCORING

- 15.1 One completed race constitutes a series.
- 15.2 A boat's series score will be the total of her race scores without exclusion.
- 15.3 For PHRF, time allowances will be computed using Time on Distance. For IRC the boats rating allowance will be applied as a factor of the elapsed time.
- 15.4 There will be one race for Classic boats. CRF MkII time allowances will be computed using Time on Distance.
- 15.5 A boat scored TLE will be given 2 points more than the number of finishers in her division, except that she will not be scored worse than DNF.

16 PRIZES

- 16.1 Series prizes for First, Second and Third places in each division will be awarded on Sunday, July 22 following the completion of racing on the front lawn of the Larchmont Yacht Club.
- Perpetual trophies will be awarded at the discretion of the race committee, fastest elapsed time in the Execution Rocks Race, and fastest corrected time in the Execution Rocks Race.
- The team that sets a new elapsed time course record in the Execution Rocks Race will receive a case of Mt. Gay Rum. The current elapsed time record is 39 minutes 51 seconds, set by yacht Christopher Dragon on July 23, 2017. If course 2 is used, the boat establishing the elapsed time record for that race will receive the case of Mt. Gay Rum.
- 16.4 This regatta is a qualifying event for the YRA Youth Challenge Cup, the Gitano, Sappho, Competitors, Kings Point and Allegra Knapp Mertz awards.

17 RADIO COMMUNICATION

- 17.1 Except in an emergency, or to meet the requirements SI 13 and 14.1, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 17.2 The race committee will communicate with competitors on VHF channel 73

18 DISCLAIMER OF LIABILITY

Competitors are reminded of the Disclaimer of Liability to which they agreed as stated in the notice of race.

19 FURTHER INFORMATION

For further information please contact the Race Committee, Larchmont Yacht Club, 1 Woodbine Ave., Larchmont, New York 10538 Telephone: 914-468-7716 Fax: 914-468-7751, Website: www.larchmontyc.org Email: racecommittee@larchmontyc.org

John May - Regatta Committee Chairman Cynthia Parthemos - Event Principal Race Officer Mary M. Savage - Protest Committee Chairman

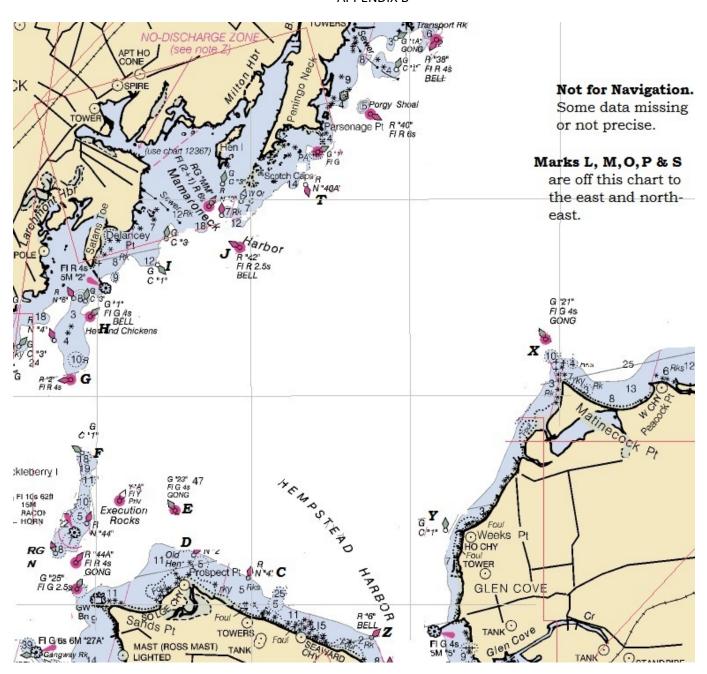
APPENDIX A

			LAT	LON
Letter			(Degrees,	decimal
Code	Approximate Location	Description	min.)	
H - hotel	Hen & Chickens	G "1" Fl G 4s BELL	40°	73°
			54.8'	44.1'
G - golf	South of Hen & Chickens	R "2" Fl R 4s	40°	73°
			54.2'	44.3'
F - foxtrot	North of Execution Rock	G C "1"	40°	73°
			53.5'	44.2'
E - echo	Prospect Point	G "23" Fl G 4s GONG	40°	73°
			52.7	43.0'
D - delta	East of Prospect Point	R N "2"	40°	73°
			52.5'	42.7'
C - charlie	East of Prospect Point	R N "4"	40°	73°
			52.2'	42.0'
Y - yankee	Off Weeks Point (Long Island)	G C "1"	40°	73°
			52.7'	39.5'
Z - zulu	Mott Point	R "6" Bell	40°	73°
			51.6	40.4
X - xray	Matinecock Point	G "21" Fl G 4s GONG	40°	73°
			54.6	38.2
O - oscar	Oak Neck Point	C "19" Green Can	40°	73°
			55.5'	34.2'
L - lima	Lloyd Point	G "15" FL G4s GONG	40°	73°
			57.7'	29.3'
S - sierra	Mid Sound	R "32A" FL R 2.5s Bell	40°	73°32.8'
			58.1'	
P - papa	Cows	R "32" FL R 6s Bell	41°00.2'	73°31.4'
M - mike	Off Manursing Island	R "36" Bell	40°	73°
			58.1	38.8
T - tango	Off Peningo Neck	R N "40A"	40°	73°
			56.1'	41.3'

J - juliett	Off Mamaroneck Harbor	R "42" Fl R 2.5s BELL	40°	73°
			55.5'	42.2'
I - india	East of Larchmont Breakwater	G C "1"	40°	73°
			55.3'	43.3'

In addition to the government marks the race committee may use one pink inflatable mark, which will be designated **mark "A" (Alpha).** If the race committee uses mark "A" it will announce its approximate location on the VHF communication channel.

APPENDIX B





YACHT RACING ASSOCIATION OF LONG ISLAND SOUND 2018 Mid-Sound One Design

SAILING INSTRUCTIONS

1 RULES

- 1.1 The Mid-Sound One-Design series racing will be governed by the rules as defined in *The Racing Rules of Sailing (RRS).*
- 1.2 Appendix V1 PENALTY AT THE TIME OF AN INCIDENT will apply.

2 NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS

- 2.1 Notices to Competitors and changes in these Sailing Instructions will be posted on the host club website by 1800 on the day before they take effect.
- 2.2 For Special Events changes to the Sailing Instructions will be posted on the host club website by 1400 on the day before they take effect.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed at the main flagpole of the club responsible for conducting that day's races and announced on VHF channels 71, 68 and 72. Competitors not in sight of the flagpole may call the race committee on the same channels. AYC, HHYC and LYC may repeat the signal if not responsible that day.
- 3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 1 hour" in the race signal AP.
- 3.3 Races may be postponed ashore no later than one (1) hour before the scheduled first warning signal.

4 SCHEDULE OF RACES

4.1 Series and Special Events will be held on the following dates:

Date	Event or Race Committee	Date	Event or Race Committee
26-May	* Memorial Day Regatta (LYC)	4-Aug	* YRALIS Championship Regatta (AYC)
27-May	* Memorial Day Regatta (LYC)	5-Aug	* YRALIS Championship Regatta (AYC)
2-June	Shields	11-Aug	~ no racing ~
9-June	S Class & Horseshoe YC	18-Aug	International One Design
16-June	Larchmont YC	25-Aug	~ no racing ~
23-June	Larchmont YC	1-Sept	** Larchmont YC - Distance Race Optional
30-June & 1 July	* Independence Day Regatta (AYC)	8-Sept	Etchells
8-July	~ no racing ~	15-Sept	~ no racing ~
14 & 15 July	* Larchmont Race Week	22-Sept	Vipers
21 & 22 July	* Larchmont Race Week	29 & 30 Sept	Larchmont YC
28-July	~ no racing ~		

^{*}Special Events: a separate Notice of Race and Entry for the Independence Regatta, Race Week and YRA Champs are required for these events along with Amendments to the Sailing Instructions.

- 4.2 The race committee intends to run 2 or more races each day. The number of races conducted each day is at the sole discretion of the race committee.
- 4.3 The first warning signal will be at 1425 each day. Classes may not be started in numerical order.
- 4.4 The first warning signal for the *Memorial Day, *AYC Independence Day, *LYC Race Week and *YRA Champs will be as stated in their Notice of Race and/or Amendment to these Sailing Instructions.
- 4.5 Course Descriptions for the **YRA PHRF Distance Race will be announced from the signal boat prior to the 1st warning.

^{**} Special Amendment to the Sailing Instructions for the Distance Race will be issued.

5 DIVISION FLAGS

Division flags will be numeral pennants. Class insignias may be substituted.



6 VENUE

The racing area will be in the vicinity of the waters between Larchmont and American Yacht Clubs.

7 THE COURSE

- 7.1 No later than the warning signal, the race committee signal vessel will display the course, the approximate compass bearing and distance to the first mark and the number of legs to be sailed on the course board.
- 7.2 The race committee may elect to give some classes a substantially shorter windward leg than is posted for the other classes. If it does so, it will announce its intentions on VHF channel 78A and will post the number "0" on the signal board next to that Class signifying a shorter windward leg for those classes.

SAMPLE COURSE BOARD (showing a course of 210 degrees, 1.0 nm to the windward mark and course 4 for Div 1-4 and course 2 for Div 5-6 the race: (forward)

Bearing	Range	Division	Course
210	1.	1-4	4
	0	5-6	2

If the course is the same for the succeeding class or classes, their course will be left blank.

- 7.3 Course will be designated as follows:
 - 2 windward, finish to leeward
 - 3 windward, leeward mark or gate, finish to windward
 - 4 windward, leeward mark or gate, windward, finish to leeward
 - 5 windward, leeward mark **or gate**, windward, leeward mark **or gate**, finish to windward
 - 6 -triangle, windward, finish to leeward.

All marks shall be left to port, except if a leeward gate is set.

8 MARKS

- 8.1 Original marks will be either all orange or yellow inflatables.
- 8.2 New marks, as provided in Instruction 10, Changing the Next Leg of the Course, will be the alternative color (or, if necessary, an inflatable with a black band).
- 8.3 If the race committee elects to give one or more classes a shorter windward leg, it will use a white inflatable as the windward mark for those classes. This will not be a mark of the course for the other classes. A new mark, as per instruction 13, Changing the next leg of the course, will be a white mark with a black band.

9 THE START

- 9.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and an orange flag or inflatable buoy at the port end.
- 9.2 Boats whose preparatory signal has not been made shall stand clear of the starting area and all boats whose preparatory signal has been made.
- 9.3 A boat that starts later than 10 minutes after her starting signal will be scored DNS without a hearing. This changes rules A4 and A5.
- 9.4 Any re-commencement of the starting sequence will be preceded by repetitive sounds and an announcement on Ch 78A approx. 1 minute prior to the warning signal. Boats are reminded to stay within range of the starting area
- 9.5 If there is only one boat in a class, that boat will be recorded for its participation, but not given an individual start. However, the race committee may allow that boat to start with another class, if approved by that class and the race committee. If so, both class flags will be displayed at their warning signal. If two or more classes have fewer than three boats participating on a day, the race committee may, with the approval of the classes, combine their starts but not for the first race of the day. If so, both class flags will be displayed at their warning signal. Classes will be scored separately.
- 9.6 The race committee will attempt to hail OCS boats by their sail number on VHF channel 78a. The timing and order of such hails or the failure of a competitor to hear the hail will not be grounds for redress. This changes RRS 62.1(a).

10 CHANGING THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as practical. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

11 THE FINISH

- 11.1 The finish line will be between a staff displaying a yellow flag on a race committee vessel and the finish mark. For a leeward finish, the finish line will be a yellow flag or inflatable at the port end and a yellow flag on a committee vessel at the starboard end.
 - For a windward finish the finish line will be between the windward mark and yellow flag on the race committee vessel to starboard.
- 11.2 The race committee may assign a finish position to any unfinished boats, provided that the appropriate finish place for those boats can be determined in a reasonable manner.
- 11.3 Flag A displayed with no sound while boats are finishing means "No more racing today".

12 TIME LIMIT

The time limit for the first boat in a class to sail the course and finish will be 2 1/2 hours. Boats not finishing within 30 minutes after the first boat in that class will be scored Time Limit Expired (TLE). This modifies rule 35.

13 PROTESTS

- 13.1 It is recommended that protests and requests for redress be written on the RRS Protest Form.
- 13.2 For all race days other than Special Events, written protests and requests for redress shall be emailed to the YRA office@yralis.org no later than the 1st business day following the race. These hearings will be heard on the following Thursday at 2000 at a location to be announced unless all parties agree otherwise.

14 SCORING

- 14.1 The low point scoring system of Appendix A will apply with multiple races scheduled. A boat's series score will be the total of her race scores without exclusion.
- 14.2 A boat scored Time Limit Expired (TLE) will be given two points more than the number of finishers except that she shall not be scored worse than DNF.
- 14.3 For Season scoring, Fleets may use the Cox-Sprague scoring system as shown in the One Design Championship Rules section of the YRA Year Book; however, each fleet may choose any scoring system.
- 14.4 All scores shall be submitted to the YRA Office following the completion of racing. Scores can be emailed to scores@yralis.org and cparthemos@gmail.com

15 NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver. Racing sailboats are requested to avoid tugs and barges. Competing boats shall not communicate by VHF radio with commercial vessel, except in an emergency. Failure to comply with this instruction may result in a rule 2 hearing against the offending boat.

16 RADIO COMMUNICATIONS

- 16.1 The race committee will monitor and communicate its intentions via VHF 78a.
- 16.2 Except in an emergency, a boat that is racing shall not make voice or data communication that is not available to all boats.

17 SAFETY REGULATIONS AND CHECK IN/CHECKOUT

- 17.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race committee vessel, hail her sail number and be acknowledged by the race committee.
- 17.2 A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.

18 PRIZES

18.1 YRA of LIS Series prizes will be awarded on Sunday, Dec 2nd at the YRALIS Annual Meeting to each qualifying

- helmsman placing first (1 or more qualifiers), second (5 or more), third (8 or more), fourth (15 or more) and fifth (20 or more) in season scores. The Annual Meeting will take place at 1700 at Larchmont Yacht Club.
- Prizes will be awarded as above for a series comprising the Memorial Day, Independence Day, and the YRA One-Design Championship regattas. This series will be scored according to the Cox-Sprague Scoring System. To qualify, an owner must start at least 50% of the races and be an active member of the YRA of LIS.
- 18.3 This series is a qualifier for the Cow Bay Perpetual Trophy and the Russell J. Nall Memorial Trophy along with other series prizes as defined in the YRA of LIS Racing Program.
- 18.4 In order to rank as qualifying, the owner must start at least 50% of the races, but not less than 10, designated by each fleet from the Schedule.

19 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority or it's member clubs or fleets will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

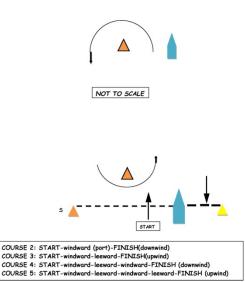
Further Information Please Contact:

YRA of LIS One Design Committee Chairman - Rich Rubel – rubel.richard@gmail.com and Cynthia Parthemos – cparthemos@gmail.com

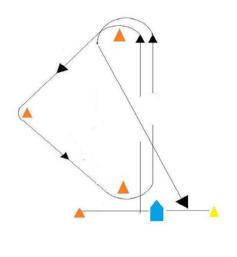
AYC Race Committee Co-Chairs Don Dowd 917 364 2273	Sandy Weil 917 714 2561	LYC Race Committee Chair Johnny May 516 315 3576
ddowd@pinnacle-ny.com	SandisonWeil@aol.com	RaceCommittee@LarchmontYC.org
Horseshoe Harbor YC	Vipers 640	Etchells
Pam Michels	Peter Beardsley & Jennifer Potts	Ron Thompson
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psmiche@gmail.com	WPBeardsley@gmail.com	EtchellsFleet1@gmail.com
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COURSE DIAGRAMS - the leeward mark may or may not be a gate (Schematic - not to scale)

WINDWARD-LEEWARD COURSE DIAGRAM



Triangle - Windward - Leeward



START -triangle-windward-FINISH(downwind)



YACHT RACING ASSOCIATION OF LONG ISLAND SOUND 2018 Mid-Sound One Design

Amendment 1 to the SAILING INSTRUCTIONS

8 MARKS

8.3 Is changed as follows:

If the race committee elects to give one or more classes a shorter windward leg, it will use a white inflatable as the windward mark for those classes. This will not be a mark of the course for the other classes. A new mark, as per instruction 10, Changing the next leg of the course, will be a white mark with a black band.

Cynthía Parthemos
YRA Mid Sound One Design Committee

1500 5/24/18

Time & Date Posted

LARCHMONT YACHT CLUB

ONE HUNDRED TWENTIETH RACE WEEK

Saturday, July 14, Sunday, July 15, Saturday, July 21, Sunday, July 22, 2018

ONE-DESIGN CLASSES

Including:

Shields 2018 Long Island Sound District Regatta Saturday, July 14, Sunday, July 15, 2018 Etchells Long Island Sound Championship Regatta Saturday, July 21 and Sunday, July 22

Sailing Instructions

Amendment Two

to the 2018 Mid-Sound One Design Sailing Instructions of the Yacht Racing Association of Long Island Sound

1 **RULES** – add

- 1.3 Appendix T, Arbitration, will apply as changed below:
 At the end of T4, Arbitration Meeting Outcomes, add: (c) If a protest is not withdrawn after arbitration, the arbitrator will not be a member of the jury that hears that protest but will be permitted to observe the testimony presented and offer evidence. This changes rule 63.3(a).
- 1.4 Etchells class boats shall not haul out from the start of the first race on Saturday until the finish of the last race on Sunday each weekend, except in emergency cases with permission of the race committee. Also, each Etchells boat shall submit crew names and weights, including total crew weight, prior to 2100 the Friday before each weekend's racing via email to racecommittee@larchmontyc.org. Any crew changes must be approved by the Technical Committee of Etchells Fleet One in writing and those approvals will be posted. Changes shall be submitted using the same email address.

2 NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS replace with:

- 2.1 Notices to competitors will be posted on the official notice board located on the veranda of the main clubhouse. Copies will also be available at the hospitality desk during the event.
- 2.2 Changes to the sailing instructions will be posted by 1100 on the day they take effect.

3 SIGNALS MADE ASHORE amend 3.1:

3.1 Race Signal AP over Flag W displayed on the main flagpole with two sound signals means the race is postponed for the One-Design circle.

4 SCHEDULE OF RACES replace all with:

- 4.1 The race committee intends to run multiple races each day. The number of races conducted each day is at the sole discretion of the race committee.
- 4.2 The first warning signal will be at 1225 each day. Classes may not be started in numerical order.
- 4.3 If a class has opted to sail in the "Execution Rocks Race" on July 22, they will sail that race under the notice of race and sailing instructions of Larchmont Race Week for cruising boats, available on the club's website. Any class choosing this option will not be given a start on the one-design circle on July 22. Class Fleet Captains shall inform the race committee by 1900 Thursday, July 12, if their class will sail the Execution Rocks Race.

5 DIVISION FLAGS add:

- 5.1 Divisions are numbered as shown in the YRALIS sailing instructions except add: Class Flag 0 (zero) J/105;
- 5.2 Divisions may not be started in numerical sequence. For the first race of each day, the order of starts will be: J/105, Viper 640, Etchells, J/70, IODs, Shields, S-Class.

7 THE COURSE - Replace 7.3 to add a windward offset:

7.3 add: There will be an **offset mark** to the port side of the windward mark, to be rounded each time the windward mark is rounded. All marks shall be left to port, except at a gate, if set.

8 MARKS - replace 8.1 and 8.2

- 8.1 Original marks will be orange inflatables. Offset marks will be orange ball buoys.
- 8.2 A new mark, as provided in SI 10, Changing the Next Leg of the Course, will be a yellow inflatable.

13 **PROTESTS** – is replaced with

- A boat intending to protest for an incident while racing is requested to notify the race committee promptly upon finishing the race by VHF or by hailing the committee boat on the finish line.
- 13.2 Protest forms are available at the front desk.
- Written protests shall be delivered to the protest desk located on the second floor of the clubhouse.
- 13.4 Except on July 22, the protest time limit is one hour after the race committee comes ashore, and will be posted. On July 22, the time limit is one hour after the last boat finishes the last race on the one-design circle before the TLE time.
- 13.5 A list of protests filed at the protest desk will be posted.
- 13.6 Hearings will begin as soon as practicable after written protests are filed.

14 **SCORING -** replace 14.1 with:

One completed race constitutes a series. If fewer than five races are completed a boat's series score will be the total of her race scores. If five or more races are completed a boat's series score will be the total of her race scores excluding her worst score.

PRIZES - is replaced with:

- 18.1 Series prizes for the Shields 2018 Long Island Sound District Regatta will be awarded following the completion of racing on Sunday, July 15.
- 18.2 Series prizes for the Etchells Long Island Sound Championship will be awarded following the completion of racing on Sunday, July 22.
- 18.3 Series and perpetual prizes will be awarded for classes that qualify under NoR 2.1 for first, second and third place finishes. Prizes will be awarded Sunday, July 22 following the completion of racing on the front lawn of Larchmont YC.

19 DISCLAIMER OF LIABILITY replace with:

Competitors are reminded of the Disclaimer of Liability to which they agreed as stated in the Larchmont Race Week Notice of Race.

23 FURTHER INFORMATION

For further information, please contact the Larchmont Yacht Club, 1 Woodbine Ave., Larchmont, NY 10538. Telephone 914-834-2440. Fax 914-468-7716. Website: www.larchmontyc.org.

Nicholas E. Langone – Principal Race Officer Mary M. Savage – Protest Committee Chairman



SECOND ANNUAL IDEAL 18 SUMMER SERIES Including

ONE HUNDRED TWENTIETH RACE WEEK

Saturday, June 16, Saturday, July 14, Sunday, July 15, and Saturday August 18, 2018

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2 Appendix U, Audible-Signal Racing System, will apply.
- 1.3 Appendix V, Alternative Penalties, will apply.
- 1.4 Coast Guard approved life preservers must be worn by skipper and crew at all times while on the water, other than for brief periods while adding or removing clothing. This changes rule 40 and the preamble to the rules of Part 4.
- 1.5 All boats must carry a VHF radio.

2 BOATS

For skippers using a borrowed boat:

- a) A non-LYC sailor using a borrowed boat will be required to provide a damage deposit of \$1000.00. A credit card must be presented prior to the competitors' meeting.
- b) A maximum of \$1000.00 will be charged for each incident that results in damage or loss of equipment. If two boats are involved, the damage will be allocated: to the skipper losing the protest, to both skippers if the right-of-way boat is found in violation of rule 14, or to the skipper(s) of the damaged boat(s) if no protest is filed. No charge will be made without prior notification.
- c) Borrowed boats will be assigned by lottery at the competitors' meeting. If another club has loaned boats to LYC for this event, members of that club shall have first draw against his/her club's boats

3 NOTICES TO COMPETITORS AND CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Notices will be posted on the official notice board located on the veranda.
- 3.2 Any changes to the sailing instructions will be posted before 1115 on the day they take effect, except that any change to the schedule will be posted by 1800 on the day before it takes effect.

4 SCHEDULE

Regatta 1: Saturday, June 16	
1200	Competitors' Meeting and Boat Assignment
1300	Harbor Start
1355	First Warning
Regatta 2: Saturday, July 14	
1115	Competitors' Meeting and Boat Assignment
1200	Harbor Start
1255	First Warning
Sunday, July 15	

1200	Harbor Start
1255	First Warning
	D 337 1 A 1

Race Week Awards after Racing

Regatta 3: Saturday, August 18

1200 Harbor Start1255 First Warning

5 NUMBER OF RACES

The number of races sailed each day will be decided solely by the race committee.

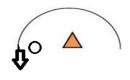
6 START AND FINISH

- 6.1 The starting line will be between a staff flying a yellow flag on the committee boat and a staff displaying a yellow flag on the port end
- 6.2 The finish line will be between a staff flying an orange flag on the committee boat and a staff displaying an orange flag on the starboard side of the committee boat.

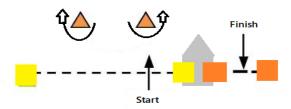
7 MARKS AND COURSES

- 7.1 Courses will be windward-leeward with two or four legs; see diagram below. The gates will be to weather of the signal boat for races with four legs. For two-legged courses, leave weather mark and offset to port and then to finish. For four-legged courses, leave weather mark and offset to port, round a gate mark, then to weather mark and offset to port, then to finish. Prior to the start, the race committee may announce that there will be no offset mark and/or that there will be a leeward mark instead of a gate. If there is a leeward mark instead of a gate, round the leeward mark to port.
- 7.2 Before each race the race committee will announce the number of legs or whether gates or an offset are used (if changed from the prior race).
- 7.3 Marks will be ball buoys. The color will be announced from the signal boat.

WINDWARD-LEEWARD COURSE DIAGRAM



NOT TO SCALE



COURSE 2: START-windward (port)-FINISH(downwind)
COURSE 4: START-windward-leeward-windward-FINISH (downwind)
Offset mark, if set, must be observed each time windward is rounded

8 RECALL, POSTPONEMENT AND ABANDONMENT SIGNALS

- 8.1 The race committee will endeavor to identify recalled boats by hailing their sail numbers with a loud hailer.
- 8.2 A general recall will be signaled by repeated short horn blasts.
- 8.3 In addition to verbal instructions, postponement will be signaled by two horn blasts, with no signal before the next warning. Abandonment of a race will be signaled by three horn blasts, with no signal before the next warning

9 PROTESTS

- 9.1 A boat intending to protest shall report her intention to the race committee after finishing the race.
- 9.2 Protest forms are available at the front desk.
- 9.3 The protest filing time limit will be one hour after the race committee comes ashore.
- 9.4 Written protests shall be delivered to the jury desk on the second floor of the Clubhouse. The protest time limit and a list of protests filed at the jury desk will be posted.
- 9.5 Hearings will be held on the second floor of the Clubhouse and will begin as soon as possible after protests are filed.

10 SCORING

- 10.1 One completed race in any of the three events (June, July, or August) will constitute a regatta for that event.
- 10.2 In order to qualify for the Ideal 18 Summer Regatta Series, a skipper must compete in the two day Larchmont Race Week regatta in July and at least one of the one-day events (either the June or August regatta). A skipper who competes in all three events will discard one of the one-day events (either June or August), whichever is worse.
- 10.3 Scoring for June 16 & Aug 18 will be high-point without exclusion. Scoring for Race Week will be low point without exclusion.
- 10.4 Scoring for the series will include the results from the Larchmont Race Week two-day regatta, converted to high point, plus the results for the skipper's best of the one-day regattas. The series score for each boat will be a percentage calculated as follows: divide the sum of her race scores by the sum of the points she would have scored if she had placed first in every race in which she competed; multiply the result by 100. The qualifying boat with the highest series score is the winner, and others are ranked accordingly.

11 PRIZES

- 11.1 Prizes for the series will be awarded to the top three finishers after racing on August 16.
- 11.2 Prizes for Larchmont Race Week will be awarded on July 15 on the front lawn.

12 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

John May – Regatta Committee Chairman Buddy Wolf – Event Principal Race Officer Richard York – Principal Race Officer on June 16 Mary Savage – Protest Committee Chairman



ONE HUNDRED TWENTIETH RACE WEEK

Vanguard 15

Saturday, July 21 and Sunday, July 22, 2018

Sailing Instructions

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Non-inflatable, Coast Guard-approved personal flotation must be worn by skipper and crew at all times while on the water, except briefly while changing or adjusting clothing or personal equipment. This changes rule 40.
- 1.3 Appendix T, Arbitration, will apply as changed below:
 At the end of T4, Arbitration Meeting Outcomes, add: (c) If a protest is not withdrawn after arbitration, the arbitrator will not be a member of the jury that hears that protest but will be permitted to observe the testimony presented and offer evidence. This changes rule 63.3(a).
- 1.4 Appendix V1, Penalty at the Time of an Incident, will apply.
- 1.5 Class Rule 4.2 is amended to permit the use of non-builder sails; however, boats must declare their use at registration. A boat or equipment may be inspected at any time for compliance with class rules.

2 NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS

- 2.1 Notices to competitors will be posted on the official notice board located on the veranda of the main clubhouse.
- 2.2 Changes to the sailing instructions will be posted by 1100 on the day they take effect.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flagpole on the front lawn
- 3.2 Race Signal AP over Flag V with two sound signals means the race is postponed for the Vanguard circle.
- 3.3 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in race signals AP.

4 SCHEDULE OF EVENTS

Friday, July 20

1700-1900 Registration and Informal Gathering

Saturday, July 21

0900 - 1100 Registration - Hospitality Desk

1100 Skippers' Meeting – at or near the Pandemonium

1130 Harbor Start

1225 First Warning

Sunday, July 22

1130 Harbor Start

1225 First Warning

Awards after Racing

5 RACING AREA

The racing area will be in the waters off Larchmont Harbor.

6 COURSES

- 6.1 Courses will be either Windward/Leeward using either configuration W/L1 or W/L2 or Harry Anderson using configuration HA.
 - Course W/L1 consists of a windward mark (to port) and an offset mark, if used,(to port), finishing to leeward leaving the race committee boat to starboard.
 - Course W/L2 consists of a windward mark (to port) and an offset mark, if used (to port), a leeward gate (to leeward of the finish line), finishing to windward leaving the race committee boat to port. The committee may replace the leeward gate with a leeward mark (to port), and announce that before the start.
 - Course HA consists of 4 marks windward mark (to port), gybe mark (to port), starting pin (to starboard), leeward mark (to port), finishing to windward leaving the race committee boat to port.
- 6.2 Courses will be announced before each race from the committee boat. Course lengths are at the discretion of the committee.
- 6.3 The start and finish lines are "open" and may be disregarded except when maneuvering to start or finish.
- The offset mark will be set to port of the windward mark and approximately perpendicular to the course axis.

7 MARKS

The windward mark and the gate marks will be orange ball buoys ("hippity-hops"). An offset mark will be a white ball buoy.

8 THE START

- 8.1 Races will be run in accordance with Appendix U, Audible-Signal Racing System.
- 8.2 The starting line will be between a staff displaying an orange flag on the committee boat and a staff displaying an orange flag on the port end. The staff on the port end of the starting line may be set on a stationary pin boat.

9 RECALLS

9.1 If Flag I is displayed prior to the warning signal of a race, rule 30.1, the I Flag Rule, will be in effect for that start. This changes Race Signals.

10 THE FINISH

- 10.1 The finish line will be between a staff displaying a yellow flag on the signal boat and a staff displaying a yellow flag on a nearby buoy.
- 10.2 Immediately after finishing, a boat shall sail to the starting line area and stay clear of the finish line and other boats still on the race course. Boats failing to keep clear of the finish line area after finishing may be subject to protest.

11 TIME LIMIT

The time limit for the first boat to sail the course and finish will be 45 minutes. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored "Time Limit Expired" (TLE). This changes rule 35.

12 WITHDRAWAL

A boat that withdraws from the race or that does not intend to start a scheduled race shall notify the race committee at the first opportunity.

13 SCORING

13.1 One completed race will constitute a series.

- 13.2 The race committee intends to run multiple races. If fewer than 6 races are completed, a boat's series score will be the total of her race scores. If 6 or more races are completed, a boat's series score will be the total of her race scores excluding her worst score.
- 13.3 A boat scored TLE will be given 2 points more than the number of finishers, except that she shall not be scored worse than DNF.

14 PROTESTS, REQUESTS FOR REDRESS AND ARBITRATION

- 14.1 A boat intending to protest shall notify the race committee promptly upon finishing that race.
- 14.2 (a) Protest forms are available at the front desk.
 - (b) Written protests shall be delivered to the protest desk located on the second floor of the clubhouse.
 - (c) The protest time limit is one hour after the race committee comes ashore, except on Sunday, when it will be one hour after the last boat finishes the last race before the Time Limit (see SI 11). The protest time limit will be posted.
 - (d) A list of protests filed at the protest desk will be posted.
 - (e) Hearings will begin as soon as practicable after written protests are filed. Witnesses must be available when called. If they do not appear when called, they may not be heard.
- On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

15 PRIZES

Prizes will be awarded to the top three finishers.

16 DISCLAIMER OF LIABILITY

Competitors are reminded of the Disclaimer of Liability to which they agreed as stated in the Notice of Race.

17 MEDIA WAIVER

The organizing authority shall have the right to use any images and sound recorded during the event, including a participant's name, voice, or likeness, as well as images of boats, free of any charge.

18 FURTHER INFORMATION

Please contact the Regatta Committee at Larchmont Yacht Club 1Woodbine Ave., Larchmont, NY 10538. Telephone 914-468-7716. Fax 914-468-7751. Website: www.larchmontyc.org. Email: racecommittee@larchmontyc.org

> John May – Regatta Committee Chairman Buddy Wolf – Event Principal Race Officer Mary M. Savage– Protest Committee Chairman